



FRIENDSHIP 2023 Journal

PROGRAM RUNS FROM JUNE 1 TO AUGUST 14

WELCOME!

Now entering its eighth year, **Get Outdoors (GO) Lebanon!** continues to encourage Lebanon County children and families to read and be physically active during the summer months. This summer **WellSpan Health** and **Lebanon County Libraries** are excited to partner in encouraging you to **GO and Get Connected!** Making human and social connections can offer several mental health benefits, such as boosting mood, reducing stress, and improving self-esteem. Forming strong, healthy relationships with others means opening up, actively listening, and being open to share what you are feeling and thinking. There are many ways to get connected and through the program this summer, we hope you will find new ways and places to connect with others as you learn about your community.



This summer, **GO Lebanon!** helps you explore **All Together Now** while you search for fifteen “connectors” — wooden marker posts with a unique etching attached — that are hidden in various local and state parks. Take this **Friendship Journal**, along with the rubbing sheets you received at any **Lebanon County Library** and **GO and Get Connected!**

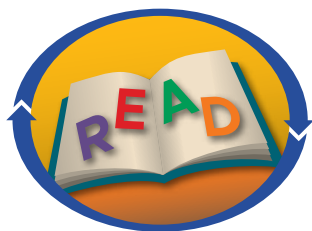


When you find the connector, you will see the unique etching, along with a 4-digit code. **Make sure you remember this code** (take a picture, write it down, etc.) and don't forget to enter it into the Beanstack app to earn credit for your hike. If you choose to do the rubbing on your rubbing sheet, please be sure to follow social distancing practices and sanitize

your hands afterward. Rubbing sheets will not be collected, so they are yours to keep. But remember — to receive credit for your hikes, **you must enter the codes online in the Beanstack app**. See the **Rewards and Prizes** page in this book (page 23) for details. Also, don't forget to check out the **GO Lebanon!** website at www.golebcounty.org for additional information including recommended library books, Friendly Facts, outdoor safety tips, and more.

In addition to finding “connectors,” you can **Get Connected!** by visiting any **Lebanon County Library**, checking out and reading a few books about campgrounds, libraries, pet care, sharing and performing. Reading this summer will improve your reading and learning abilities! Visit a **Lebanon County Library** to get your **SummerQuest** materials and start earning points toward great prizes! More information can be found at www.lclibs.org.

Be sure to read pages 20–22 for information on using the Beanstack app. Now **Get Outdoors**, have fun, and **Get Connected!**



FOLLOW US ON



What is Letterboxing?

GO and Get Connected! is based on the outdoor hobby of letterboxing. Hikers once hid letters or postcards in a box along a trail. The next person to find the box would then collect and mail those postcards. Today, people leave a unique stamp and logbook in letterboxes. The finder then stamps their personal logbook and also leaves their own personal stamp, if they have one. Again, this year, we are using a unique picture located on a post that you must rub to record your find.


Things to Remember:


Every outdoor activity, including letterboxing, has some risks and dangers. You could get hurt, meet up with wild animals and bugs, and touch poisonous plants. Here are a few reminders as you hunt for connectors with other **GO Lebanon!** kids this summer:

- Be familiar with the area where you are headed before getting there.
- Be sure to follow all posted park rules.
- Be respectful of the environment and of others around you.
- Never hike alone! If you are heading out with a friend, always make sure a responsible adult knows where you will be.
- Always lock your vehicle and secure any valuables.
- Wear clothing that is loose-fitting, lightweight, and light-colored to protect your skin from the sun and to keep you cool.
- Lather up with sunscreen – keep your skin healthy for years to come.
- Bring plenty of water with you and make sure you drink it even if you don't feel thirsty.
- When it is hot outside, bring extra water along, walk slower, and take more breaks.
- Seek safe shelter if the weather gets dangerous, or you hear or see storms nearby.
- Step carefully over and around fallen logs and branches, rocks, roots, and other things lying on the ground.
- Poisonous plants – poison ivy, poison oak, or poison sumac – may grow near a connector or along a trail. Know what each look like and watch out for them.
- Spiders, insects, snakes, or other critters may visit the same places where connectors are hidden. Be careful where you step and where you reach.
- Mosquitoes, black flies, or other annoying bugs may bother you. Make sure to wear bug repellent spray or other products to keep them away.
- Always check to make sure that you are not taking any bugs home with you.
- Be careful around ponds, lakes, rivers, and streams. Don't swim alone.

Finding GO Lebanon! Connectors

 One thumbs up = It's easy. You must walk a short distance on fairly level ground.

 Two thumbs up = It's a little harder. You must either walk a long distance on fairly level ground, or a short distance with some hills.

 Three thumbs up = It's tough. You must walk a long distance with many hills and obstacles.

Distances to all connectors were measured using a standard smart phone app. All distances are roundtrip, unless otherwise noted, based on following the clues as written from starting point to the post and backtracking to the starting point.

CONNECTOR LOCATIONS



| PG. | CONNECTOR | PARK | MAP |
|-----|----------------------|---|-----|
| 3 | Campground | H.M. Levitz Memorial Park | A2 |
| 4 | Compliment | Fairlane Avenue Park | C2 |
| 5 | Encourage | Clarence Schock Memorial Park | B3 |
| 6 | Help | Lebanon Valley Rail Trail - Cornwall Trailhead | C3 |
| 7 | Hike | Swatara State Park | B1 |
| 8 | Laugh | Lebanon Valley Rail Trail - Jonestown Trailhead | B2 |
| 9 | Library | Lebanon Valley College - Arnold Sports Center | B2 |
| 10 | Park | Henry R. Arnold Recreation Center | B2 |
| 11 | Perform | Coleman Memorial Park | B2 |
| 12 | Pet Care | Union Canal Tunnel Park | B2 |
| 13 | Read | South Hills Park | C3 |
| 14 | Recycle | North Londonderry Township Trails | A3 |
| 15 | Restaurant | Stoever's Dam Park | C2 |
| 16 | Share | Middle Creek Wildlife Management Area | D3 |
| 17 | Sporting Event | Community Park | C2 |

Driving directions to parks can be found on pages 18 and 19.

CAMPGROUND

Difficulty



MODERATE

Distance: 0.79 miles

Restrooms: Yes

Location: H.M. Levitz Memorial Park

Dog Friendly: Yes

Stroller Friendly: No

Playground: Yes

Wheelchair Friendly: No

MAKE THE CONNECTION:

- Walk toward the pond. Locate the Omni Stone Trail sign on your left and follow the brick trail.
- After the wooden bridge, keep left.
- Continue on the trail over the second bridge and follow the gravel trail uphill.
- At the intersection, keep right.
- At the second intersection at the top of the hill, turn right.
- Follow the yellow posts around the field where you will find the post.
- To return to the parking area, continue in your current direction following the yellow posts.
- At the bottom of the hill near the picnic tables, turn right and continue through the meadow toward the creek.
- At the road, turn left and follow the road back to your vehicle.

RECOMMENDED BOOKS:

- *Campout!* by Lynn Brunelle
- *Curious George Goes Camping* by Margret Rey
- *Scaredy Squirrel Goes Camping* by Melanie Watt
- *The Camping Trip that Changed America* by Barbara Rosenstock

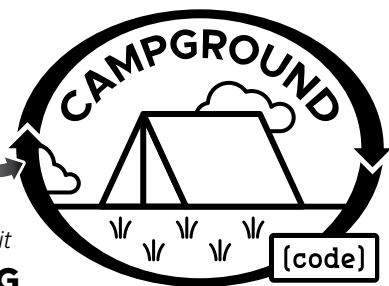
FRIENDLY FACTS:

- The 1927 Girl Scouts manual featured the first official recipe for “some mores” or S’mores.
- Camping can relieve stress and depression and is good for your mental well-being.
- The most popular type of shelter among campers is a tent.

Your **connector** should look like this

*For more information about this connector,
books to read, or directions to the parks, visit*

WWW.GOLEBCOUNTY.ORG



Don't forget to enter the code from this rubbing post in Beanstack! See p. 20

COMPLIMENT

Difficulty



Distance: 0.81 miles

Restrooms: Yes

Location: Fairlane Avenue Park

Dog Friendly: Yes

Stroller Friendly: Yes

Playground: Yes

Wheelchair Friendly: No

MAKE THE CONNECTION:

- From the parking area, walk toward Fairlane Avenue and turn left to follow the trail downhill.
- Carefully cross Sterling Drive and follow the trail beside the creek.
- Continue following the trail and cross the street again and continue toward the basketball courts.
- The post is located beyond the second bench.
- To return to your vehicle, continue in your current direction.

RECOMMENDED BOOKS:

- *The Invisible Boy* by Patrice Barton
- *The Kindness Book* by Todd Parr
- *Taste Your Words* by Bonnie Clark
- *Flight of the Puffin* by Ann Braden

FRIENDLY FACTS:

- Giving compliments creates a ripple of positivity.
- March 1 is World Compliment Day.
- You are the most perfect you there is.

Your **connector** should look like this

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WWW.GOLEBCOUNTY.ORG



Don't forget to enter the code from this rubbing post in Beanstack! See p. 20

ENCOURAGE

Difficulty



Distance: 1.63 miles

Restrooms: Yes

Location: Clarence Schock Memorial Park

Dog Friendly: Yes

Stroller Friendly: No

Playground: No

Wheelchair Friendly: No

MAKE THE CONNECTION:

- Locate the Environmental Center. Follow the gravel trail past the center and toward the bouldering sign.
- Follow the Interpretative Trail marked with white blazes.
- At the next intersection, turn right and follow red blazes.
- Turn left at the next intersection and follow red blazed trail #4 uphill.
- Continue on the trail past the tower house site.
- At the benches, turn right at gravel trail #1 and follow the trail uphill toward the tower. The post is located near the base of the tower.
- To return to your vehicle, turn around and follow the gravel trail #1 downhill.
- Toward the bottom of the hill, pass trails #2 and #3.
- Locate signs for the Environmental Center and continue to follow signs until you arrive at the parking area.

RECOMMENDED BOOKS:

- *The Dot* by Peter H. Reynolds
- *I Am Enough* by Grace Byers
- *Squid and Octopus: Friends for Always* by Tao Nyeu
- *Good Job, Little Bear!* by Martin Waddell
- *Just in Case You Want to Fly* by Julie Fogliano

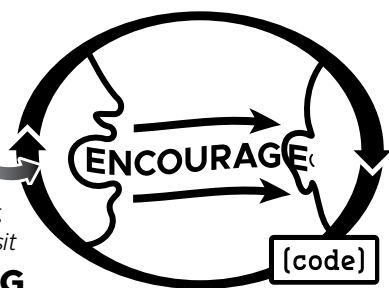
FRIENDLY FACTS:

- The truth is, words have power, so choose encouraging words.
- Encouragement leads to confidence, which leads to action, which leads to accomplishment, which branches off to more encouragement, and so on.
- Just so you know, you are doing awesome.

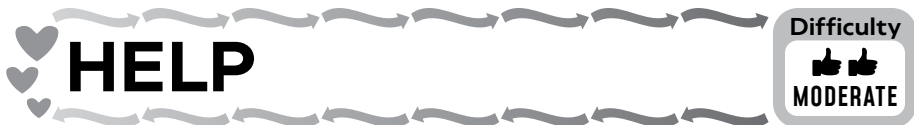
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WWW.GOLEBCOUNTY.ORG



Don't forget to enter the code from this rubbing post in Beanstack! See p. 20



Distance: 1.54 miles

Restrooms: Yes

Location: Lebanon Valley Rail Trail – Cornwall Trailhead

Dog Friendly: Yes

Stroller Friendly: Yes

Playground: No

Wheelchair Friendly: No

MAKE THE CONNECTION:

- Follow the walking/biking trail past the root beer barrel and toward Cornwall Road/Boyd Street.
- Carefully cross the street and follow the rail trail over the iron bridge past several benches.
- The post can be found beyond the bridge overpass.
- To return to your vehicle, turn around and retrace your steps.

RECOMMENDED BOOKS:

- *The Big Umbrella* by Amy June Bates
- *Just Help! How to Build a Better World* by Sonia Sotomayor
- *Maddi's Fridge* by Lois Brandt
- *The Boy at the Back of the Class* by Onjali Q. Raúf

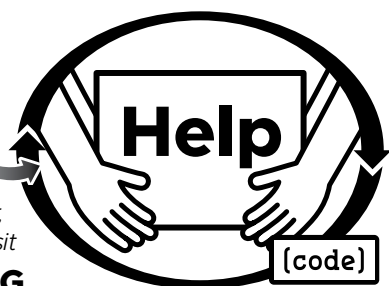
FRIENDLY FACTS:

- People who help others tend to be happier people.
- RAOK – Random Acts of Kindness Day is February 17.
- Make sure to make time in your day to do at least one fun or interesting activity with your children or family each day.

Your **connector** should look like this

*For more information about this connector,
books to read, or directions to the parks, visit*

WWW.GOLEBCOUNTY.ORG



Don't forget to enter the code from this rubbing post in Beanstack! See p. 20



Distance: 3.12 miles

Restrooms: Yes

Location: Swatara State Park

Dog Friendly: Yes

Stroller Friendly: No

Playground: No

Wheelchair Friendly: No

MAKE THE CONNECTION:

- From the parking area, walk past the park sign and follow Swatara Rail Trail to the left.
- At your first intersection, turn left and cross the iron bridge.
- At the next intersection, turn left on Bear Hole Trail and walk approximately 1 mile.
- Turn right on the gravel road that leads uphill toward Bordner's Cabin.
- The post is located outside the cabin.
- Retrace your steps to return to your vehicle.

RECOMMENDED BOOKS:

- *Sheep Take a Hike* by Nancy Shaw
- *Amelia Bedelia Hits the Trail* by Herman Parish
- *Hike* by Pete Oswald
- *The Hike* by Alison Farrell

FRIENDLY FACTS:

- "Hiking" is worth 14 points in a game of Scrabble.
- Nearly 50 million people in the US went hiking in 2019.
- The Appalachian Trail starts/ends in Northern Georgia and ends/starts in Maine at Mount Katahdin.

Your **connector** should look like this

*For more information about this connector,
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WWW.GOLEBCOUNTY.ORG



Don't forget to enter the code from this rubbing post in Beanstack! See p. 20



Difficulty



MODERATE

Distance: 1.62 miles

Restrooms: No

Location: Lebanon Valley Rail Trail – Jonestown Trailhead

Dog Friendly: Yes

Stroller Friendly: Yes

Playground: No

Wheelchair Friendly: No

MAKE THE CONNECTION:

- Follow the trail to the left, away from Market Street and past the tan building on your left.
- Swatara Creek will be on your right.
- Continue past the brick building and follow the gravel trail.
- Walk beyond the overpass and continue beyond the wooden bridge where you will find the post.
- Turn around and retrace your steps to return to your vehicle.

RECOMMENDED BOOKS:

- *The Bad Seed* by Jory John and Pete Oswald
- *How I Became a Pirate* by Melinda Long and David Shannon
- *Hamsters Make Terrible Roommates* by Cheryl Klein and Abhi Alwar
- *Dog Man: a Graphic Novel* by Dav Pilkey

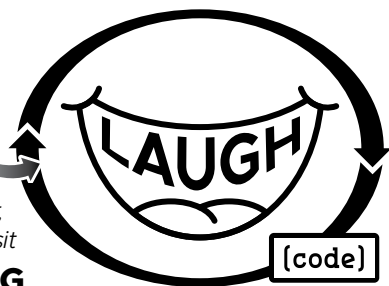
FRIENDLY FACTS:

- It has been scientifically proven that laughter can be contagious.
- Animals, like dogs and cats, can also laugh.
- A child at the age of six years laughs about three times more than an adult.

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Don't forget to enter the code from this rubbing post in Beanstack! See p. 20

LIBRARY

Difficulty



Distance: 0.53 miles

Dog Friendly: No

Playground: Yes

Restrooms: No

Stroller Friendly: Yes

Wheelchair Friendly: No

Location: Lebanon Valley College – Arnold Sports Center

MAKE THE CONNECTION:

- From the parking area closest to the Arnold Sports Center, walk toward the football field.
- Follow the sidewalk to the left of the football field and continue around the field toward the American Flag.
- Continue toward the Emergency call box and metal pedestrian bridge.
- Follow the ramp or stairs up and over the bridge that crosses the railroad tracks.
- At the bottom of the bridge, carefully cross the street and follow the sidewalk straight ahead.
- Keep straight until you reach the road. Do not cross the road.
- Turn left and continue toward the white building and Peace Garden sign.
- Turn left to enter the Peace Garden and locate the post.
- To return to your vehicle, continue through the wooden gate at the stone wall, then turn left to follow the sidewalk, then make a quick right.
- Carefully cross the road and continue up and over the bridge.
- Once across the bridge, retrace your steps back to the parking area.

RECOMMENDED BOOKS:

- *Madeline Finn and the Library Dog* by Lisa Papp
- *Bear's House of Books* by Poppy Bishop
- *Library Mouse* (series) by Daniel Kirk
- *Escape From Mr. Lemoncello's Library* (series) by Chris Grabenstein

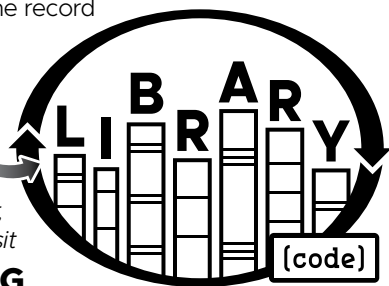
FRIENDLY FACTS:

- One of the most overdue library books in the world was returned after 122 years.
- The Library of Congress is the largest library in the world.
- The *Guinness Book of World Records* holds the record for being the book most often stolen from public libraries.

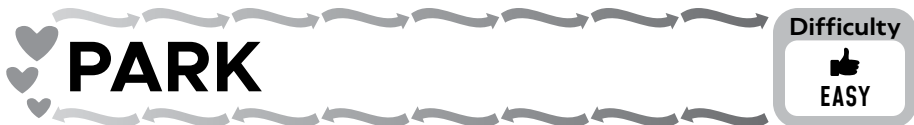
Your **connector** should look like this

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WWW.GOLEBCOUNTY.ORG



Don't forget to enter the code from this rubbing post in Beanstack! See p. 20



Distance: 0.30 miles

Restrooms: No

Location: Henry R. Arnold Recreation Center

Dog Friendly: Yes

Stroller Friendly: No

Playground: Yes

Wheelchair Friendly: No

MAKE THE CONNECTION:

- Follow the gravel trail to the left near the baseball field.
- Continue following the trail around the baseball field.
- The post is near the left field fence.
- Continue in your current direction to return to your vehicle.

RECOMMENDED BOOKS:

- *Daniel Finds A Poem* by Micha Archer
- *Henry and Mudge in the Green Time* by Cynthia Rylant
- *Camp Time in California* by Mary Pope Osborne
- *Attack of the Grizzlies (I Survived series)* by Lauren Tarshis

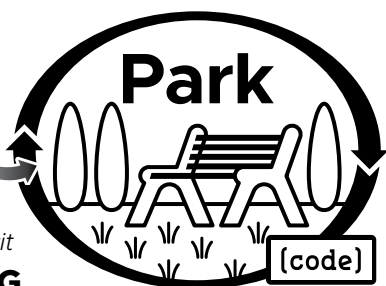
FRIENDLY FACTS:

- The National Park Service protects over 84 million acres of wild landscapes and historic sites.
- Ribbon Falls in Yosemite is nine times taller than Niagara Falls.
- You can visit two parks in a day if you visit Yellowstone National Park and Grand Teton National Park —they are only 10 miles apart.

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Don't forget to enter the code from this rubbing post in Beanstack! See p. 20



Distance: 0.99 miles

Restrooms: Yes

Location: Coleman Memorial Park

Dog Friendly: Yes

Stroller Friendly: No

Playground: Yes

Wheelchair Friendly: No

MAKE THE CONNECTION:

- Locate the paved trail near two large green swings to the left of the pavilion.
- Follow the trail toward the brick building and continue walking around the brick building.
- At the one-way sign, turn left and carefully walk along the road.
- Continue past the pavilion and keep right at the Y near the stone house.
- Locate the orange blazed trail near the woods on your right.
- Follow the trail into the woods and continue to follow the orange blazes.
- At the stone wall and intersection, turn left.
- The post can be found near the chain link fence.
- To return to your vehicle, continue in your current direction.
- Follow the fence around the bike park, then locate the gravel trail on the other side of the road.
- Follow the trail in the direction you are currently walking and back toward the brick building at the top of the hill.
- Continue around the brick building and follow the paved trail back to the parking area.

RECOMMENDED BOOKS:

- *Ricky, the Rock that Couldn't Roll* by Jason I. Miletsky
- *The Piano Recital* by Akiko Miyakoshi
- *Drama Games for Kids: 111 of Today's Best Theatre Games* by Denver Casado
- *Diper Överlöde (Diary of a Wimpy Kid Book 17)* by Jeff Kinney

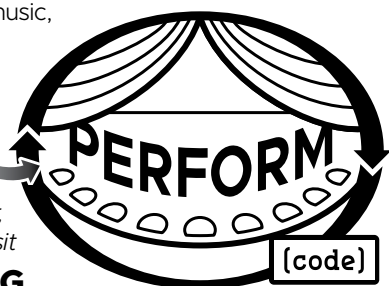
FRIENDLY FACTS

- The performing arts encourage children to explore their emotions, expand their imagination, and develop their own unique voice.
- The three main types of performing arts are music, dance, and drama.
- There are 28 different types of dance from around the world.

Your **connector** should look like this

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Don't forget to enter the code from this rubbing post in Beanstack! See p. 20

PET CARE

Difficulty



MODERATE

Distance: 0.63 miles

Restrooms: No

Location: Union Canal Tunnel Park

Dog Friendly: Yes

Stroller Friendly: No

Playground: No

Wheelchair Friendly: No

MAKE THE CONNECTION:

- Walk toward the canal, then follow the trail toward the left.
- Continue straight until you reach the tunnel.
- Turn right and follow the paved trail uphill.
- The post is located near the top of the hill.
- To return to your vehicle, turn around and retrace your steps.

RECOMMENDED BOOKS:

- *My Pet* by Megan Borgert-Spaniol
- *A Kid's Guide to Cats: How to Train, Care for, and Play and Communicate with Your Amazing Pet!* by Arden Moore
- *Haven: A Small Cat's Big Adventure* by Megan Wagner Lloyd
- *Little Kids First Big Book of Pets* by Catherine D. Hughes

FRIENDLY FACTS:

- 68% of US households own a pet, about 84.6 million homes (60.2 million of those have dogs).
- Pets need patience, so be sure to have some before you get one.
- The Capybara, one of the largest rodents in the world, is a semi-aquatic animal and is legal to own in Texas and Pennsylvania.

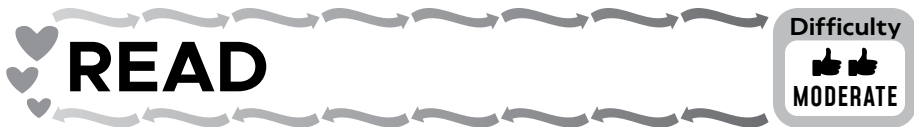
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Distance: 1.08 miles

Restrooms: Yes

Location: South Hills Park

Dog Friendly: No

Stroller Friendly: Yes

Playground: Yes

Wheelchair Friendly: No

MAKE THE CONNECTION:

- From the Klein Avenue parking area, walk toward the basketball court.
- Follow the trail to the right toward the woods.
- At the top of the hill, turn left and walk past the pavilions.
- Continue past the playground and keep right.
- At the next intersection, turn left and walk toward the flagpole and white building.
- The post can be found near the fitness circuit.
- To return your vehicle, continue past the white building.
- Turn left after the pavilion and continue past the tennis courts and toward the parking area.

RECOMMENDED BOOKS:

- *How Rocket Learned to Read* by Tad Hills
- *Arthur and the Race to Read* by Marc Brown
- *Library Mouse: A Friends Tale* by Daniel Kirk
- *Calvin Can't Fly* by Jennifer Berne

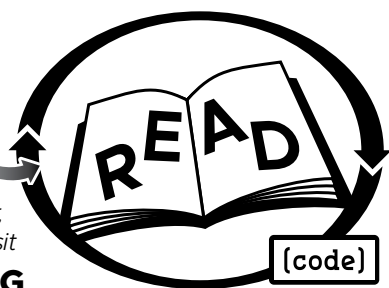
FRIENDLY FACTS:

- Reading reduces stress and is like cardio for your brain.
- Children who study in classrooms with libraries end up reading 50% more than those who study in classrooms without libraries.
- Children can learn between 4,000 and 12,000 new words through book reading in a single year.

Your **connector** should look like this

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RECYCLE

Difficulty



MODERATE

Distance: 0.48 miles

Restrooms: No

Location: North Londonderry Township Trails

Dog Friendly: Yes

Stroller Friendly: No

Playground: No

Wheelchair Friendly: No

MAKE THE CONNECTION:

- From the parking area, walk to the left of the park map, and follow the fence line to the first bench on your right.
- Turn right to follow the nature trails, then keep right.
- Follow the orange blazes uphill and continue on the trail.
- At the intersection at the top of the hill, turn left, then follow the blue blazes.
- At the next intersection with a bench, turn left to stay on the blue trail.
- Locate the red blazes on your left, then follow the red trail straight through the next intersection until you cross a wooden bridge.
- The post can be found just beyond the bridge.
- Continue in your current direction.
- Follow the orange blazes to your left and continue following the orange trail.
- At the Y intersection, keep right and walk towards the bench.
- Turn left after the bench to return to your vehicle.

RECOMMENDED BOOKS:

- *Our Planet! There's No Place Like Earth* by Stacy McAnulty
- *Michael Recycle* by Ellie Bethel
- *Out of the Box* (craft projects with recyclables) by Jemma Westing
- *What a Waste* by Jess French

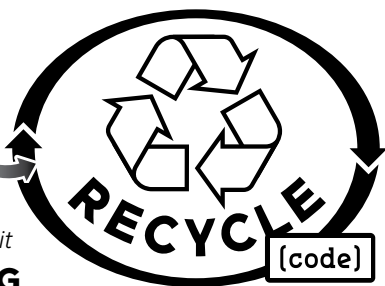
FRIENDLY FACTS:

- The average person creates almost five pounds of trash per day.
- Cardboard boxes can be recycled at least seven times.
- Recycling one aluminum can saves enough energy to run a 55-inch HDTV to watch your favorite movie.

Your **connector** should look like this

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RESTAURANT

Difficulty



MODERATE

Distance: 1.45 miles

Restrooms: No

Location: Stoever's Dam Park

Dog Friendly: Yes

Stroller Friendly: No

Playground: No

Wheelchair Friendly: No

MAKE THE CONNECTION:

- From the parking area, walk toward the lake then follow the trail to the right toward the theater.
- Follow the gravel trail around the lake toward the camping area and boat launch.
- Continue following the trail past the farm field and cemetery.
- Cross the bridge and continue following the trail around the lake.
- The post is located among the wooded areas along the trail.
- To return to your vehicle, continue in your current direction.

RECOMMENDED BOOKS:

- *Our Table* by Peter H. Reynolds
- *Around the Table That Granddad Built* by Melanie Heuiser Hill
- *Our Little Kitchen* by Jillian Tamaki
- *How to Make an Apple Pie and See the World* by Marjorie Priceman

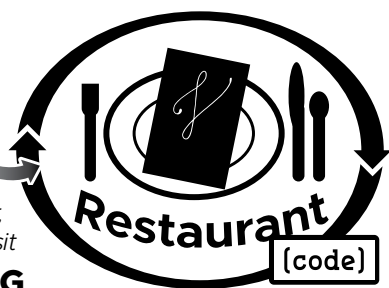
FRIENDLY FACTS:

- 17% of diners' meals go uneaten in restaurants.
- The busiest day of the year for restaurants is Mother's Day.
- Italian food is the most popular ethnic cuisine in the US, followed by Mexican, then Chinese.

Your **connector** should look like this

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WWW.GOLEBCOUNTY.ORG



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SHARE

Difficulty



Distance: 0.90 miles

Restrooms: No

Location: Middle Creek Wildlife Management Area

Dog Friendly: Yes

Stroller Friendly: No

Playground: No

Wheelchair Friendly: No

MAKE THE CONNECTION:

- Walk past the brown gate and follow the gravel trail.
- At Middle Creek Trail sign on the right, keep left.
- Cross the bridge and walk up a big hill.
- Once at the top of the big hill, continue uphill over two smaller hills.
- The post is located at the two orange blazed trees.
- To return to your vehicle, turn around and retrace your steps.

RECOMMENDED BOOKS:

- *Should I Share My Ice Cream?* by Mo Willems
- *Share and Take Turns* by Cheri J Meiners
- *Thank You, Omu!* by Oge Mora
- *People Share with People* by Lisa Wheeler

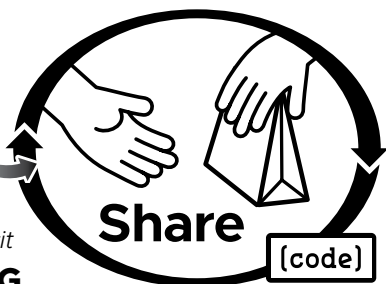
FRIENDLY FACTS:

- Sharing creates trust among friends.
- Children need to learn to share to help them play cooperatively and negotiate and cope with disappointment.
- Play games as a family that encourage sharing and turn-taking.

Your **connector** should look like this

*For more information about this connector,
books to read, or directions to the parks, visit*

WWW.GOLEBCOUNTY.ORG



Don't forget to enter the code from this rubbing post in Beanstack! See p. 20

SPORTING EVENT

Difficulty



Distance: 0.27 miles

Restrooms: Yes

Location: Community Park

Dog Friendly: Yes

Stroller Friendly: Yes

Playground: Yes

Wheelchair Friendly: Yes

MAKE THE CONNECTION:

- From the parking area, locate the paved trail. Follow the trail to the right and toward the brick house.
- At the top of the hill next to the baseball field, turn left.
- Walk toward the pavilion to find the post.
- To return to your vehicle, follow the trail downhill.

RECOMMENDED BOOKS:

- *Can I Play Too?* by Mo Willems
- *What Are the Summer Olympics?* by Gail Herman
- *Sportsmanship* by Lucia Raatma
- *Get Up and Go!* by Nancy Carlson

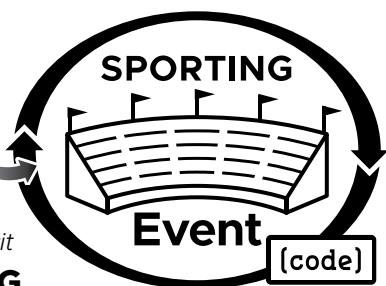
FRIENDLY FACTS:

- The most watched international soccer games in history were during the FIFA World Cup in Qatar in 2022.
- The Summer Olympic Games are viewed by an average of 3.55 billion-plus, the most viewed sporting event across the world.
- The sports venue with the highest attendance is the Indianapolis Motor Speedway.

Your **connector** should look like this

*For more information about this connector,
books to read, or directions to the parks, visit*

WWW.GOLEBCOUNTY.ORG



Don't forget to enter the code from this rubbing post in Beanstack! See p. 20



PARK DIRECTIONS

*All directions begin from Lebanon
Community Library, 125 N. 7th St.,
Lebanon, PA 17046.*

Clarence Schock Memorial Park at Governor Dick (Encourage)

3283 Pinch Rd., Mount Gretna, PA
17064

Phone: (717) 964-3808

Hours: Dawn to dusk, unless otherwise
posted

Directions to Parking Area: Head south on N 7th St toward Willow St. Turn right onto Cumberland St and then left onto 10th St/PA-72. Turn right onto Colebrook Rd/PA-241 and then right onto PA-117. Turn left onto Pinch Rd. At the top of the hill, the park entrance is on your left for the Environmental Center parking area.

Coleman Memorial Park (Perform)

1400 W. Maple St., Lebanon, PA 17046

Phone: (717) 272-7271

Hours: 7am to dusk, unless otherwise
posted

Directions to Parking Area: Head south on N 7th St then turn right onto Willow St. Turn right on N 9th St. Turn left on Maple St/PA-72. After Turkey Hill, turn left onto Bashore Dr. The parking area is on your left near the pavilion and across from the stone building where the bathrooms are located. If you pass the playground, you have gone too far.

Community Park – North Lebanon Township (Sporting Event)

1769 N. 8th Ave., Lebanon, PA 17046

Phone: (717) 273-7132

Hours: Dawn to dusk, unless otherwise
posted

Directions to Parking Area: Head north on N 7th St and continue straight for approximately 2 miles. Turn right on N 8th Ave. The parking area is on your right across from the neighborhood.

Fairlane Avenue Park (Compliment)

41 S. Fairlane Ave., Myerstown, PA
17067

Hours: Dawn to dusk, unless otherwise
posted

Directions to Parking Area: Head south on N 7th St toward Willow St. Turn left onto Walnut St and bear right onto US-422 E. Take the immediate right for King St next to the PennDOT office. Continue on King St for approximately 6 miles. Turn left onto S Fairlane Ave. then turn right after Sterling Dr.

H. M. Levitz Memorial Park (Campground)

28 Park Dr., Grantville, PA 17028

Phone: 717-865-4938

Hours: Dawn to dusk, unless otherwise
posted

Directions to Parking Area: Follow Willow St. east toward N 9th St. Turn right onto N 9th St. and continue toward PA-72 N. Follow PA-72 N toward Jonestown for approximately 7 miles. Merge right onto US-22 W (second ramp on right) and continue on US-22 W for approximately 6 miles. Turn right onto Harrison School Rd. and follow for 1.5 miles. Turn left onto PA-443. Turn left onto Park Dr. Follow the driveway past the park office. Turn right at the stop sign and park in the lower parking area.

Henry R. Arnold Recreation Center – West Lebanon Township (Park)

Hours: Dawn to dusk, unless otherwise
posted

Directions to Parking Area: Head north on North 7th Street then turn left on Lehman Street. Continue on Lehman approximately 1.5 miles. The parking area is on your right across from the social club.

Lebanon Valley College (Library)

101 N College Ave., Annville, PA 17003

Hours: Dawn to dusk, unless otherwise
posted

Directions to Parking Area: Follow 7th Street toward Cumberland St/US-422 W. Stay on US-422 W for 5 miles. Turn right at the traffic light onto PA-934/N. White Oak St. Turn right after the blue pedestrian bridge onto Heisey Rd just before the cemetery. Park near the front of the Arnold Sports Center.

Lebanon Valley Rail Trail **(Help and Laugh)**

Hours: Dawn to dusk, unless otherwise posted

Directions to Cornwall Trailhead (Help):

Follow 7th St toward Cumberland St/US-422 W. Turn left onto 8th St. Bear right onto Orange St past the County Assistance Office and the fire station. Turn left onto Cornwall Rd. Follow Cornwall Rd for approximately 3.5 miles. Keep left at the stop sign and then turn left onto PA-419/Schaeffer Rd. The parking area for LVRT is on your left.

Directions to Jonestown Trailhead

(Laugh): Head north on North 7th St and continue to Maple St. Turn left on Maple St/72 N. Follow 72 N for approximately 6 miles. Turn right at the traffic light onto Jonestown Rd/Market St. Continue just shy of .5 miles. The parking area is on your left before the bridge and across from the Northern Lebanon Water Authority.

Middle Creek Wildlife Management Area (Share)

100 Museum Dr, Stevens, PA 17578

Hours: Trails: Dawn to dusk, unless otherwise posted. Visitors' Center: 8a-4p Tuesday to Saturday, 12p-5p Sunday. Closed Mondays.

Directions to Parking Area: Head south on North 7th St toward Willow St. Continue on 7th St toward Walnut St. Turn left onto Walnut St. Turn right onto S 5th Ave/PA-897. Follow PA-897 for approximately 12.5 miles crossing over Rt 501. Turn right onto Hopeland Rd and continue onto Kleinfeltersville Rd. Pass Museum Rd and the Visitors' Center on your right and continue past the water dam on your left. After several twists and turns, turn right onto Mountain Spring Rd and continue up the small hill. The parking area is on your right.

North Londonderry Township Walking Trails (Recycle)

655 E Ridge Rd, Palmyra, PA 17078

Hours: Dawn to dusk, unless otherwise posted

Directions to Parking Area: Follow 7th St toward Cumberland St/US-422 W. Stay on US-422 W for 9 miles. Turn right onto N Forge Rd. After approximately 1 mile, turn left onto E Ridge Rd. Turn right into North

Londonderry Township parking area. Turn right and follow the gravel road toward the recycling/compost site and walking trails. Park in the gravel lot near the park map.

South Hills Park (Read)

1100 S Lincoln Ave, Lebanon, PA 17042

Phone: (717) 274-0481 (Township office)

Hours: Dawn to dusk, unless otherwise posted

Directions to Parking Area: Head south on N 7th St toward Willow St. Turn left onto Walnut St. Turn right onto South Lincoln Ave. The South Hills parking area is on your left after the intersection with Wilhelm Avenue.

Stoever's Dam Park (Restaurant)

946 Miller St, Lebanon, PA 17046

Hours: Dawn to dusk, unless otherwise posted

Directions to Parking Area: Head north on N 7th St and continue to Maple St. Turn right on Maple St and continue to Theater Dr. on your left.

Swatara State Park (Hike)

1450 Suedberg Rd, Pine Grove, PA 17963

Phone: (717) 865-6470

Hours: Dawn to dusk, unless otherwise posted

Directions to Parking Area: Follow Willow Street west to N 9th St./PA-72N. Turn right and follow PA-72 N past Jonestown and toward Lickdale for approximately 13 miles. PA-72 N becomes PA-443 E. Continue on PA-443 E for 3 miles then turn right onto Sand Siding Rd. The road entrance is steep. Continue to the parking area on your right.

Union Canal Tunnel Park- Historic Site (Pet Care)

25th St and Union Canal Dr, Lebanon, PA 17046

Phone: (717) 272-1473 (Lebanon County Historical Society)

Hours: Dawn to dusk, unless otherwise posted

Directions to Parking Area: Follow Willow Street west to N 9th St./PA-72N. Turn right and continue to Lehman St. Turn left on Lehman St. and continue on it to N 25th St. Make a right on 25th St and the Union Canal Tunnel Park entrance will be on your left at the corner.

USING BEANSTACK

STAY CONNECTED WITH BEANSTACK!



What is Beanstack?

Beanstack is the website and mobile application that is used for logging your child's reading and activities during **Summer Learning Program**. From this site, you can track your books and time spent reading, activities you've accomplished, and the **GO Lebanon!** connectors you've visited.

Why should I use Beanstack?

GO Lebanon! is digital! While you still have your physical rubbing sheets and booklets, we will be tracking everyone's progress digitally through **Beanstack**, including our drawings for the five grand prize winners.

What if I don't have a phone or computer to log my hikes?

That is perfectly fine! Call or visit any **Lebanon County Library**, and a staff member can log the connector for you. Just have your rubbing sheet nearby so that staff can verify the connector for you!

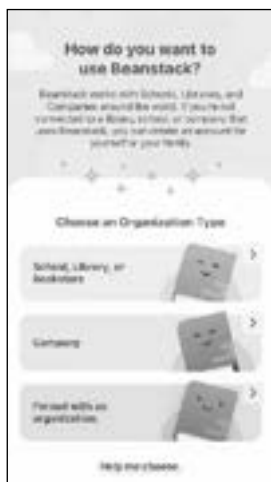
Learn More

For detailed instructions using and accessing Beanstack, scan the QR code, or visit www.lclibs.org/go-lebanon-county/

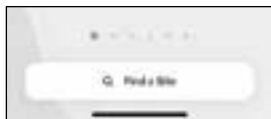


Getting Started on the Beanstack Tracker App

1. Download the **Beanstack Tracker App** to your smartphone from the **Google Play Store** or the **Apple Store**.



2. Launch the app and press **Let's Go!** A question will then appear asking how you want to use Beanstack. Select **School, Library, or Bookstore**.



3. Select **Find a Site** to search for our **Beanstack** site



4. A search bar will then appear. Search for **Lebanon County Library System** and tap on our name.

USING BEANSTACK



5. Log into **Beanstack** with an existing username and password, or press **Sign Up!** to create an account. We recommend using your library card number as your username and the last six digits as your password.

Tip: If you are logging parks for multiple kids, we recommend creating the account under the parent/guardian's name and library card, and adding multiple "readers" to the adult's account.

Having trouble logging in? Contact karthur@lclibs.org for help!

Once you are logged in, you can access all the functions of the app, including:

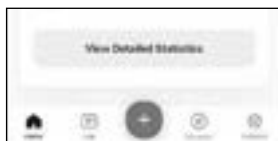
- Registering for summer programs
- Tracking **GO Lebanon!** park posts
- Viewing statistics of your reading
- Logging new books

How to log your Connectors (park posts) in Beanstack

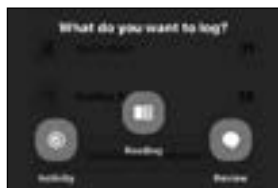
Congratulations! You've found one of the 15 connectors! Now you can digitally track your progress (and unlock virtual badges!) on **Beanstack**. You'll need your rubbing sheet nearby to complete logging.

Follow these steps to track your progress:

1. Open your **Beanstack Tracker App** and log in.
2. Register for the **GO Lebanon! Challenge** (if you haven't yet done so).



- a. Tap the **Discover** icon from the bottom of the screen
- b. Locate the **GO Lebanon! Challenge** and tap the **Register** button.

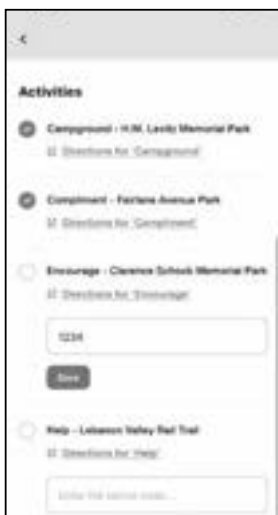


3. Tap the blue + (plus) button at the bottom of the screen to add to your log. Next, tap the **Activity** icon.
4. If you have multiple participants on one account, all names will appear. Select the name of the person you would like to log the activity for, and press **Choose Reader**.

USING BEANSTACK



5. The list of available activities will then appear. Tap the activity named **GO and Get Connected!**



6. Scroll to find the name of the connector (park post) you just found. Using your rubbing sheet, find the secret code for this connector (post) below the rubbing. Enter the secret code and save your answer.
7. Points and badges will be awarded to you as you identify more Connectors!

The more connectors (park posts) you identify, the more chances you'll receive to win one of the five grand prizes! For more instructions on these steps, scan this QR code:



GO REWARDS & PRIZES

GO Lebanon! will again be digital! While you have your physical rubbing sheets and booklets, we will be tracking everyone's progress digitally through Beanstack, including our drawings for the five grand prize winners. All **GO Lebanon!** children who find a minimum of 3 different connectors between June 1 and August 14 will receive a reward for participating in the program.

One Park = One Point

For every connector you identify and log into Beanstack, you earn one point. As you earn more points, you'll unlock virtual "badges" through Beanstack! Each badge you earn increases your chances of winning one of the five grand prizes, as follows:

4-9 different connectors identified = 1 badge & 1 chance to win a grand prize

10-14 different connectors identified = 2 badges & 2 chances to win a grand prize

All 15 connectors identified = 3 badges & 3 chances to win a grand prize

Even though five grand prizes will be awarded, remember that all **GO Lebanon!** children who find and submit at least 3 different connectors will receive a reward!

Please log your connectors in Beanstack by **Monday, August 21** to receive your participation reward and to be eligible for the grand prize drawing. Please note that all connector posts will be removed after the program ends on **Monday, August 14, 2023**. The **Friendship Journal** (program guide) you used to find each connector is yours to keep and does not need to be returned.

Grand prizes – to be determined – will be awarded near the beginning of October, 2023. Winners will be contacted by phone to obtain their prize.

If you have any questions about **GO Lebanon!** rewards and prizes, please call the **Community Wellness Coordinator, WellSpan Good Samaritan Hospital**, at (717) 270-7764.

GO Lebanon! program planners and their immediate families may receive the participation reward for finding 3 connectors. However, they are ineligible for the grand prize drawing.

WATER SAFETY TIPS

Whether it's a trip to the beach or a dip in the pool, these swimming safety tips from *Safe Kids Worldwide* can help you have fun in the sun.

- Choose a **Water Watcher** to watch kids in or around water. The **Water Watcher** should be focused and distraction-free.
- Teach children how to swim.
- Make sure kids learn water survival skills.
- Empty kids' pools after each use. Store them upside down so they do not collect water.
- Teach children that swimming in open water is different from swimming in a pool.
- Wear a U.S. Coast Guard-approved life jacket when boating or participating in other water activities.
- Learn CPR and basic water rescue skills.

For more information, visit [SafeKids.org/poolsafety](https://www.SafeKids.org/poolsafety)

TIPS FOR WELLBEING

Mental wellbeing is a state of mind where you feel good about yourself and the world around you. It's being able to get on with life in the way that you want. The theme this year, **All Together Now**, focuses on getting connected – with your community, family and friends, and with yourself. As you explore the parks in the **Get Outdoors (GO)** program, you will see QR codes on each post. Take a moment and scan these with your phone.

The code will send you to a site where you can find ways to improve your mental

wellbeing, activities to do with your children and family, the benefits of hiking in nature, and videos on meditation and breathing techniques to help you relax. Boosting our mental wellbeing is important and a few things you can do to help that is to connect, be active, keep learning, give to others and be mindful. This year, **Get Outdoors** is bringing these opportunities right to you as you find the connectors and build family memories. We hope you enjoy this added benefit as you **GO And Get Connected!**



2023 SUMMER PROGRAMS



Summer Learning Program runs from June 5 to August 18 at your local library!

Get a Summer Learning activity sheet at your library or visit [lclibs.org/summer-learning/](https://www.lclibs.org/summer-learning/) to download and print one. If you prefer to track your progress digitally, you can do that at [lclibs.beanstack.org](https://www.lclibs.beanstack.org). Then check your library's website for information about how to receive prizes. Prizes will vary by library. Join us each week for in-person, video, or live-streamed story times

and programs. Visit your library's website to find out when and how to participate.

Have questions? Ask at your library and they'll be happy to help!



Anville Free Library

216 E. Main St., Annville, PA
717-867-1802
annville.lclibs.org

Lebanon Community Library

125 N. 7th St., Lebanon, PA
717-273-7624
lebanon.lclibs.org

Matthews Public Library

102 W. Main St., Fredericksburg, PA
717-865-5523
matthews.lclibs.org

Myerstown Community Library

199 N. College St., Myerstown, PA
717-866-2800
myerstown.lclibs.org

Palmyra Public Library

50 Landings Dr., Ste. B, Annville, PA
717-838-1347
palmyra.lclibs.org

Richland Community Library

111 E. Main St., Richland, PA
717-866-4939
richland.lclibs.org

Visit <https://www.lclibs.org/summer-learning/>
for the complete activity schedule!



WellSpan Health and **Lebanon County Library System** would like to thank the following municipalities, organizations, and park systems for allowing **GO and Get Connected!** connector posts to be located at their respective sites:

Annaville Township • Clarence Schock Park at Governor Dick

Cornwall Township • East Hanover Township

Friends of Coleman Memorial Park

Jackson Township • Lebanon Valley College

Lebanon Valley Rails to Trails

North Lebanon Township • North Londonderry Township

Pennsylvania Department of Conservation and Natural Resources (DCNR)

South Lebanon Township • Union Township

West Cornwall Township • West Lebanon Township

Lastly, thanks for joining us for another summer of exploring parks and trails throughout Lebanon County. We hope that you and your family found new locations to visit throughout the year and learn about different connectors. The world is a big place, so we encourage you to **GO and Get Connected!**